



New Opportunities for a Good Life

Expanding Ideas; Creating Change

Experiences from the NDIS Trial Sites

The National Disability Insurance Scheme (NDIS) is currently being trialled in other states. Presenters from these trial sites will impart learned wisdom and share insight into their experience of using the NDIS.



This one day forum showcases stories by and about people with disabilities and their families who have been involved in the NDIS trial sites in Adelaide (SA), Barwon Heads (VIC) and Canberra (ACT). The NDIS provides people with a disability opportunity to think about how a good life is possible.

Rockhampton

Date: Friday 29th
April, 2016

Time: 9.30 am – 3:30 pm
Registration from
9.00 am

Venue: Frenchville
Sports Club
105 Clifton St
North
Rockhampton

Cost of attending this event is funded by the Queensland Government. Lunch will be provided.

Register by Friday 22nd April 2016 through the CRU website

www.cru.org.au

“Without leaps of imagination, or dreaming, we lose the excitement of possibilities. Dreaming, after all, is a form of planning”

(Gloria Steinem)

Having had experience using the NDIS, presenters will talk about:

- Getting ready for the NDIS
- Creating a vision and planning for a good life
- Self-directing and self-managing
- Staying well connected in their community
- Day-to-day experience of the NDIS

Who should attend?

This workshop is for **people with disability, families, friends, allies and people in paid support roles.**



Contact CRU if you need assistance to register, attend or participate in this event.

(07) 3844 2211
cru@cru.org.au



Community Resource Unit Inc.
Level 2, 43 Peel Street
P.O. Box 3722
South Brisbane QLD 4101
Phone : (07) 3844 2211
Email cru@cru.org.au



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Presenters

Three different presenters from interstate will bring their own perspective to share on their experience of the NDIS. They will share the highs and lows of the experiences but most importantly some of the things you can do now to be prepared in this time of change.



Kathy Spowart

Kathy lives in Barwon Heads and is assisting her daughter Ally to find her own voice and be her own best advocate. Ally is 17 and completing her studies and exploring her passions. Kathy has many insights to share about the NDIS. Although having a rough start when the NDIS first began, Ally's family were determined that she hold the central voice over her life. Since Ally and her family have been directing their supports they have seen Ally's life expand in ways they never knew before.



Jo Cregan

Jo and her husband Andrew are parents to two sons, Neil aged 6 and Gabriel aged 9. Both boys have Autism and attend their local Catholic School. Jo is passionate about the pursuit of a good life for her children and is their strongest advocate. Jo has navigated the transition to the NDIS and both she and her children are participants in the Circle @ Schools Initiative. Jo has also started her own business, Lifelong Pathways, as an advocate and consultant and is assisting other families to transition their child (or children) onto NDIS plans.



Jan Kruger

Jan and her husband have four children, their youngest Jack is a Jujitsu student, soccer player, down hill skier, year 8 student and happens to have an intellectual impairment. Jan's family is guided by their clear vision for Jack to live a full life as a socially valued and known member in his local community. Jack has been using NDIS funding to compliment his freely given supports since June 2015. Jan is the Director of Imagine More, a family led organisation based in Canberra that Jan co-founded in 2013 to strengthen family leadership and advocacy for people with a disability to get the good things of life.

Some reflections from previous forums:

"It was great to hear the creative ways people are embracing the opportunities afforded through the switch to the NDIS" – Parent

"As a service provider we need to think more about flexibility for families" - Worker

"The real examples were insightful, to hear about their fears and frustrations but also their achievements" - Parent

Community Resource Unit has a 28 year track record of working across Queensland to help people with a disability take control of their lives and take their place in their community.